

| Platz | StNr | Teilnehmer         | Ortsclub          | Lauf 1   | StS | Lauf 2   | StS | Gesamt   | Pkt |
|-------|------|--------------------|-------------------|----------|-----|----------|-----|----------|-----|
| 1     | 3929 | Gehrmann, Nico     | AC Warendorf      | 00:29.00 |     | 00:28.73 |     | 00:57.73 | 30  |
| 2     | 910  | Kry, Anna Kristina | Briloner AC       | 00:29.48 |     | 00:29.55 |     | 00:59.03 | 27  |
| 3     | 2205 | Fichtner, Artur    | AMC Ibbenbüren    | 00:29.70 |     | 00:29.44 |     | 00:59.14 | 24  |
| 4     | 1430 | Lux, David         | MSV Dulmania      | 00:29.72 |     | 00:29.73 |     | 00:59.45 | 22  |
| 5     | 1438 | Pantleon, Matthias | MSV Dulmania      | 00:29.63 |     | 00:29.94 |     | 00:59.57 | 20  |
| 6     | 3930 | Otmar, Alexander   | AC Warendorf      | 00:29.85 |     | 00:30.02 |     | 00:59.87 | 18  |
| 7     | 1447 | Ullmann, Timo      | MSV Dulmania      | 00:28.97 | 2   | 00:29.19 |     | 01:00.16 | 16  |
| 8     | 3023 | Niewöhner, Dennis  | AC Oelde          | 00:30.13 |     | 00:30.05 |     | 01:00.18 | 14  |
| 9     | 4105 | Gans, Marcel       | MSC Westerkappeln | 00:30.95 |     | 00:30.18 |     | 01:01.13 | 13  |
| 10    | 2206 | Fichtner, Linda    | AMC Ibbenbüren    | 00:30.41 |     | 00:30.89 |     | 01:01.30 | 12  |
| 11    | 1443 | Schwack, Janine    | MSV Dulmania      | 00:30.85 |     | 00:30.76 |     | 01:01.61 | 11  |
| 12    | 3924 | Willi, Patrick     | AC Warendorf      | 00:29.95 | 2   | 00:29.72 |     | 01:01.67 | 10  |
| 13    | 1812 | Scharte, Sebastian | MSC Harsewinkel   | 00:29.01 |     | 00:28.79 | 4   | 01:01.80 | 9   |
| 14    | 1934 | Möller, Patrick    | MSC Heeren-Werve  | 00:31.23 |     | 00:30.88 |     | 01:02.11 | 8   |
| 15    | 1422 | Gross, Erwin       | MSV Dulmania      | 00:31.87 |     | 00:31.27 |     | 01:03.14 | 7   |
| 16    | 1926 | Trohl, Anna Lena   | MSC Heeren-Werve  | 00:31.55 |     | 00:31.92 |     | 01:03.47 | 6   |
| 17    | 520  | Linsel, Mike       | MSC Beckum        | 00:32.15 |     | 00:31.48 |     | 01:03.63 | 5   |
| 18    | 807  | Brintrup, Matthias | MSC Bork          | 00:32.65 |     | 00:31.60 |     | 01:04.25 | 4   |
| 19    | 3028 | Schlömer, Andreas  | AC Oelde          | 00:31.46 | 2   | 00:31.25 |     | 01:04.71 | 3   |
| 20    | 909  | Kry, Philipp       | Briloner AC       | 00:32.72 |     | 00:32.43 |     | 01:05.15 | 2   |
| 21    | 1922 | Grenz, Dennis      | MSC Heeren-Werve  | 00:31.12 | 2   | 00:30.68 | 2   | 01:05.80 | 1   |
| 22    | 1925 | Trohl, Rosa Maria  | MSC Heeren-Werve  | 00:33.84 |     | 00:33.60 |     | 01:07.44 | 1   |
| 23    | 501  | Bindßus, Sascha    | MSC Beckum        | 00:31.85 | 2   | 00:31.76 | 2   | 01:07.61 | 1   |
| 24    | 1809 | Muckermann, Niklas | MSC Harsewinkel   | 00:30.00 | 4   | 00:30.24 | 4   | 01:08.24 | 1   |
| 25    | 816  | Hähnel, Patricia   | MSC Bork          | 00:32.41 | 4   | 00:32.59 |     | 01:09.00 | 1   |
| 26    | 1458 | Knödler, Mirco     | MSV Dulmania      | 00:33.60 | 2   | 00:33.47 |     | 01:09.07 | 1   |
| 27    | 1901 | Bierschenk, Sarah  | MSC Heeren-Werve  | 00:32.45 |     | 00:33.41 | 4   | 01:09.86 | 1   |
| 28    | 3923 | Manefeld, David    | AC Warendorf      | 00:29.86 | 6   | 00:30.60 | 4   | 01:10.46 | 1   |
| 29    | 4115 | Windoffer, Steffen | MSC Westerkappeln | 00:30.50 | 6   | 00:32.56 | 2   | 01:11.06 | 1   |
| 30    | 3020 | Ludwig, Thomas     | AC Oelde          | 00:31.44 | 4   | 00:30.05 | 6   | 01:11.49 | 1   |
| 31    | 2512 | Wagner, Julia      | AMSC Lüdinghausen | 00:37.18 | 8   | 00:35.93 | 4   | 01:25.11 | 1   |
| 32    | 1457 | Brockmann, Jens    | MSV Dulmania      | 00:48.71 |     | 00:38.70 | 6   | 01:33.41 | 1   |

Zeitnahme: Zeitnahmeteam AMC Ibbenbüeren  
 Auswertung: Zeitnahmeteam AMC Ibbenbüeren

Schnellster Lauf: 00:28.73  
 (Gehrmann, Nico - 1 / 3929)