

Platz	StNr	Teilnehmer	Ortsclub	Lauf 1	StS	Lauf 2	StS	Gesamt	Pkt
1	3901	Litsch, Jan-Luca	AC Warendorf	00:31.35	2	00:32.01		01:05.36	30
2	1452	Haschmann, Lars	MSV Dulmania	00:33.60		00:33.67		01:07.27	27
3	533	Schmidt, Marvin	MSC Beckum	00:32.60	4	00:32.07		01:08.67	24
4	316	Piel, Yannik	AC Ascheberg	00:34.87	2	00:33.81		01:10.68	22
5	1907	Ernst, Martin	MSC Heeren-Werve	00:33.58	2	00:35.16		01:10.74	20
6	1445	Tüns, Eileen	MSV Dulmania	00:36.48		00:35.31		01:11.79	18
7	2210	Hoffrogge, Pascal	AMC Ibbenbüren	00:37.02		00:35.69		01:12.71	16
8	847	Lagoda, Phillip	MSC Bork	00:35.12		00:33.88	4	01:13.00	14
9	2529	Thünemann, Marius	AMSC Lüdinghausen	00:35.70		00:37.44		01:13.14	13
10	814	Hähnel, Fabian	MSC Bork	00:34.46		00:36.76	2	01:13.22	12
11	901	Penner, Jan	Briloner AC	00:34.72	4	00:33.01	2	01:13.73	11
12	1832	Urban, Daniel	MSC Harsewinkel	00:35.53	6	00:34.60		01:16.13	10
13	848	Pabst, Justin	MSC Bork	00:34.18		00:32.68	10	01:16.86	9
14	810	Dolinar, Lea	MSC Bork	00:36.54	2	00:38.87		01:17.41	8
15	820	Kühl, Kelvin	MSC Bork	00:40.07		00:33.67	4	01:17.74	7
16	2503	Kreutzer, Jay	AMSC Lüdinghausen	00:34.70	6	00:35.31	2	01:18.01	6
17	1418	Gövert, Adrian	MSV Dulmania	00:35.91	4	00:36.82	2	01:18.73	5
18	2527	Lippelt, Niklas	AMSC Lüdinghausen	00:42.78		00:36.16		01:18.94	4
19	2504	Kurt, Sebastian	AMSC Lüdinghausen	00:37.42	2	00:37.02	4	01:20.44	3
20	1902	Becker, Marcel	MSC Heeren-Werve	00:39.75	2	00:37.66	4	01:23.41	2
21	1816	Schlie, Marvin	MSC Harsewinkel	00:39.87	4	00:40.43		01:24.30	1
22	3940	Fiedler, Stella Berdien	AC Warendorf	00:38.51	4	00:40.15	2	01:24.66	1
23	834	Aita, Gianluca	MSC Bork	00:32.35	10	00:38.84	4	01:25.19	1
24	1838	Strotmann, Leonie	MSC Harsewinkel	00:42.27		00:40.94	2	01:25.21	1
25	1450	Laubrock, Melina	MSV Dulmania	00:31.19	20	00:34.09		01:25.28	1
26	303	Sesselmann, Marius	AC Ascheberg	00:45.13		00:41.26		01:26.39	1
27	306	Höllmann, Florian	AC Ascheberg	00:41.67	2	00:42.99		01:26.66	1
28	1454	Kordula, Tomasz	MSV Dulmania	00:40.85		00:45.95	2	01:28.80	1
29	4107	Guhn, Pascal	MSC Westerkappeln	00:35.43	16	00:38.62		01:30.05	1
30	1938	Ziesing, Mika	MSC Heeren-Werve	00:37.04	14	00:39.76	2	01:32.80	1
31	1455	Kordula, Pawel	MSV Dulmania	00:36.07	2	00:41.35	14	01:33.42	1
32	510	Eickmeier, Michael	MSC Beckum	00:38.26	22	00:37.54	6	01:43.80	1

Zeitnahme: Zeitnahmeteam AMC Ibbenbüeren
 Auswertung: Zeitnahmeteam AMC Ibbenbüeren

Schnellster Lauf: 00:32.01
 (Litsch, Jan-Luca - 1 / 3901)